



ROTARY  
MAKING A  
DIFFERENCE

**Rotary**  
Club of Corowa



Bulletin February 15, 2018 - Volume 79 - Issue 30

## *February - Peace and Conflict Prevention /Resolution Month*

### **Danielle Thompson – Yes Unlimited – Domestic violence**

The Program Manager for Yes Unlimited in Albury, Danielle Thompson gave us a talk on her role in this organisation and she outlined what is going on not only in Albury but in the district – involving across the border in Wodonga and coming west to Corowa.

Yes Unlimited is a specialist homelessness service, helping anyone - youth, adult, male or female - who finds themselves in a homeless situation, be it due to mental issues, rent arrears or domestic violence. The organisation runs several centres including The Hub (Macauley Street, Albury), The Hive (Youth Resource Centre), Betty's Place (Women's Refuge) and Broughton House (Youth Refuge).

Danielle went on to talk about Betty's Place, which is a 7 room refuge. Three of the rooms are self contained family rooms, and the others are single rooms with shared facilities. They never have any vacancies, there being a high need for emergency assistance. She has a team of 6 staff – one of whom is a male who has been a good asset and role model on the team – and they have a case load of 50 people at any one time. Danielle mentioned that domestic violence has always been a part of society, but now there is more awareness and more people coming forward.

Every fortnight Yes Unlimited and other service providers meet with the police to discuss cases which are coming forward. If the police are attending a domestic violence issue, they have to fill out a DV assessment. While the privacy of the people is important, it is outweighed by the safety of children and people involved. Domestic and Family Violence (DFV) is a major cause of homelessness in Australia.

We then watched a powerful film clip - "The Ripple Effect" - which underlined all that Danielle had been talking about. The group provides counselling, education, housing and employment, contact to the food bank and Centrelink, and rent assistance. There is much nurturing required by both victims and their children and the fear response takes a long time to heal. The unseen damage to a person's self esteem is quite significant. Although Yes Unlimited receives government support, they rely heavily on community support and donations – for example Bunnings recently set them up with herb



**2017-18  
President**  
Gary Poidevin OAM

**District Governor**  
Bernie Bott

**Rotary  
International  
President**  
Ian H.S, Riseley

#### **Program & Roster**

#### **Corowa RSL Club**

**February 22**

**Returned  
Exchange  
student Sarah  
Hughes – A Year  
in France**

**Chairman**  
John L

**Treasurer**  
Gail L

**Grace**  
Wally C

**Loyal Toast**  
Graeme C

**International Toast**  
Graham B

**Rotary information**  
Ian B

**Sergeant's Help**  
Bill B

**Bulletin Editor**  
Margaret Brown  
[grmibrown@hotmail.com](mailto:grmibrown@hotmail.com)  
02 6032 7345

### Rotary Graces

Oh Lord, the giver  
of all good,  
We thank you for  
our daily food.  
May Rotary friends  
and Rotary ways  
Help us to serve  
you all our days.  
Amen

.....

For good food,  
For good  
fellowship.  
And the  
opportunity for  
service in Rotary,  
We give thanks.  
Amen

.....

Today we are  
thankful for all  
we've received.  
However we live,  
we firmly believe  
All is a blessing  
that we must pass  
on  
No matter our  
status or where we  
have gone.  
Kindness and  
generosity are what  
we impart  
Showing the world  
what's in Rotary's  
heart.

gardens. Danielle is hoping to revamp the bedrooms at Betty's Place soon with modern furniture and furnishings.

Gary thanked Danielle for her talk, wished her well in her most vital work, and presented her with a bottle of the President's Muscat.

### **International Toast –**

Rotarian Ian toasted the Rotary Club of Mitchell, South Dakota. Ian recalled that he had hosted the GSE Team Leader, Chris Paustian from that Club some years ago. RC Mitchell meet on Thursdays at 12 noon at the Ramada Inn, 1525 West Havans Avenue, Mitchell SD and the President is Will Flett.

### **Attendance**

Along with our guest speaker Danielle Thompson, we enjoyed the company of members' guests Barbara Graham and Jeff Nixon, Hon Rotarians Janet and Robert, Exchange Student Vera and 14 Rotarians. Our member numbers were a little down this evening as some members were catering for an O'Connor Business BBQ in Rowers Park.

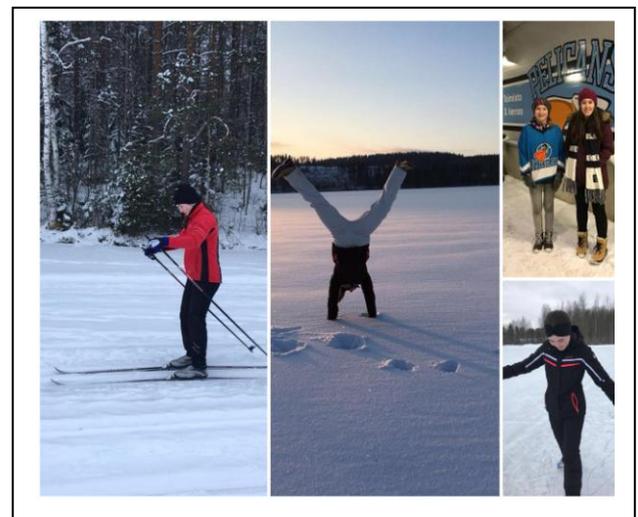


### **Rotary Information**

Rtn Bill informed us that in Australia we have 30,000 Rotarians who belong to 1100 Clubs in 21 Districts and that the motto of Rotary is "Service Above Self".

### **Exchange Student Information**

Brydee has been a very busy girl in Finland. She has enjoyed seeing her first ice hockey game (alas the Lahti Pelicans lost) , she has been working out on some fantastic trampolines, skiing in Heinola, doing gymnastics on a frozen lake and has had a go at ice skating. She looks like she is having a fantastic time.



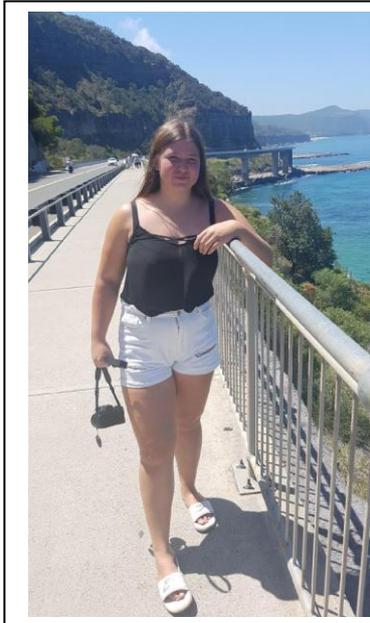
### Rotary 4 Way Test

1: Is it the TRUTH?

2: Is it FAIR to all concerned?

3: Will it build GOODWILL and BETTER FRIENDSHIPS

4: Will it be BENEFICIAL to all concerned?



Our Vera has been a very busy traveller these last few weeks, Wally and Lyn took her to the Bundanoon area, where she saw the Sky Bridge - north of Wollongong, many water falls including the Fitzroy Falls and visited the Don Bradman Cricket Museum at Bowral. This week she is off to Mt Kosciusko with the school and then away to the Jenolan Caves with Rtn Neil and Wendy the following weekend



Vera showed a PP presentation she had compiled for Dookie on

### “20 Things I have learned about Australia”

1. Aussie Aussie Aussie Oi Oi Oi
2. Australians are amongst the friendliest people in the world
3. There are spiders everywhere
4. Aussie Barbie (BBQ)
5. Vegemite on toast
6. Vera studies only 3 subjects at school compared with 17 in Finland
7. “See ya this arvo” – ‘arvo’ in Finnish means ‘value’
8. You can’t get alcohol in supermarkets (in NSW)
9. Surfing is harder than it looks
10. Australia has hot winds. The only hot wind in Finland is a hair dryer.
11. Chicken Parmigiana is the best thing!!!
12. Drive on the LHS of the road.
13. Wild life is ‘next-level’  
*(ED Meaning: on a level above the rest of the world)*
14. Cold weather is 20 degrees C
15. Australian English is a lazy language  
*(ED Meaning: we abbreviate everything)*
16. Sydney and Melbourne have the world’s dearest airport car parks
17. You have to make your own lunch. In Finland, a hot lunch is provided at school free.
18. The sky in Australia is huge
19. You can drive 6 hours but it doesn’t mean you have moved on the map
20. Everything else but not Collingwood!!

### **Announcements**

1. Rtn Bill is wanting members to join him on a Rotary table at a trivia night being held on Friday 23<sup>rd</sup> February. This is to raise money for the “Who is My Neighbour” group who are hosting a refugee group from Melbourne on the last weekend in March. The venue for the Trivia Night is St Mary’s School hall, 6.30 pm, \$5pp, BYO nibbles & drinks and supper will be provided.
2. Rtn Howard mentioned that the sale of \$2 pens at the races has raised \$310 for the Club.

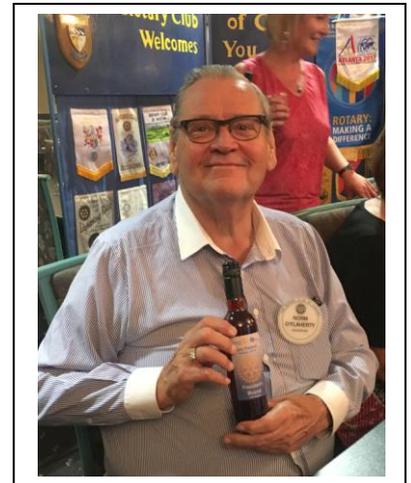
3. Rtn Graham mentioned using the Rotary business cards – stocks in cupboard
4. RC Yarrowonga Mulwala are having a BBQ for Ride to Conference in their club rooms at Yarrowonga showgrounds Mon 27<sup>th</sup> Feb. Members are invited to attend.  
RSVP contact Dave Barrat 0418 332 875
5. Members personal donations for Ride to Conference for ARH – donation sheet being circulated.
6. The closing of the Hume Weir Resort at short notice put the Ride to Conference organisation in a quandary – saved by RC Albury North who are providing billets that night!!
7. Conference 2019 will be a 4 District Combined Conference in Melbourne in very early February. Conference 2020 will revert to the normal pattern, with the Albury Rotary Clubs hosting.
8. RLI for Groups 1 and 3 is being held at Euroa on Sunday 25<sup>th</sup> February. Interested members see Gary or Norm.
9. The resignation of Don Burrowes was accepted with regret by the Board last Tuesday 13<sup>th</sup> February
10. Rtn Robyn was welcomed back after her cruise holiday to the Pacific Islands and Noumea.

### Special Celebrations

Rotarian Ray Terrill celebrated a birthday this week. Happy birthday for last Monday, Ray!

### Winners are Grinners

Rtn Norman won the President's muscat this week. Rtn David Talbot drew the 5 hearts – next time, David!!



### Coming Events and Club Meetings

**Thurs 01/03 – Meeting – Club Assembly**

**Sun 04/03 – Rotary Federation Markets**

**Thurs 08/03 – Meeting – Bruce Slonim**

**Sat 10/03 – Race Meeting**

**Thurs 15/03 – Meeting**

**Bernie Lee – Michell Wool - involving Rotary in the wool trade**

**Sat 17/03 – KVE catering**

**Wed 21/03 – Catering BBQ for Ride to Conference team @ Howlong Caravan Park 6.30 for 7.00 Club members invited to attend – let Meredith know for catering. Cost approx \$15-\$20**

**Thurs 22/03 – NO MEETING – Club transfer meeting to Friday 23/03**

**Fri 23/03 – 2018 Conference – Club Dinner – venue TBA (Corowa)**

**Sat 24/03 and Sun 24/03 - District Conference, Mulwala Services Club**

**Thurs 29/03 – Meeting - Program TBA**

## Apologies and Programs

Please remember to notify the Sergeant at Arms, **Paul Miegel** if you **CAN NOT** attend our weekly meetings or if you wish to bring any guests.

If you are arranging a guest speaker, please advise Paul of the number of people attending and if they need the screen and projector.

Paul can be contacted by:

Phone or text on **0499 878 529** or email [miegelpm@bigpond.com](mailto:miegelpm@bigpond.com)

**PLEASE NOTE THAT THE REPLY DETAILS HAVE CHANGED**

The deadline for replies continues to be 11 am on Thursday

Meeting Date	Mar 01	Mar 08	Mar 15
Venue	Corowa RSL	Corowa RSL	Corowa RSL
Program	Assembly	Bruce Slonim	Bernie Lee Michell Wool
Chairman	Gary P	Paul Miegel	Norman O
Treasurer	John L	Meredith M	Paul Miegel
Rotary Grace	Gail L	John L	Meredith M
Loyal Toast	Wally C	Gail L	John L
International Toast	Graeme C	Wally C	Gail L
Rotary Information	Graham B	Graeme C	Wally C
Sergeants Help	Ian B	Graham B	Graeme C

***Please arrange your own replacement  
if you are unable to fulfill your roster duty.***

## Rib Tickler

### Excellent medical advice

**Do you have feelings of inadequacy?**

**Do you suffer from shyness?**

**Do you sometimes wish you were more assertive?**

**Do you sometimes feel stressed?**

**If you answered yes to any of these questions, ask your doctor or pharmacist about Cabernet Sauvignon.**

**Cabernet Sauvignon is the safe, natural way to feel better and confident. It can help ease you out of your shyness and let you tell the world that you are ready and willing to do just about anything. You will notice the benefits of Cabernet Sauvignon almost immediately, and, with a regimen of regular doses, you will overcome obstacles that prevent you from living the life you want.**

**Shyness and awkwardness will be a thing of the past. You will discover talents you never knew you had.**

**Cabernet Sauvignon may not be right for everyone. Women who are pregnant or nursing should not use it but women who would not mind nursing or becoming pregnant are encouraged to try it.**

**Side effects may include:**

- **dizziness**
- **nausea**
- **vomiting**
- **incarceration**
- **loss of motor neuron control**
- **loss of clothing**
- **loss of money**
- **delusions of grandeur**
- **table dancing**
- **headache**
- **dehydration**
- **dry mouth**
- **a desire to sing Karaoke and**
- **loss of driver's licence.**

**Warnings:**

- **The consumption of Cabernet Sauvignon may make you think you are whispering when you are not.**
- **The consumption of Cabernet Sauvignon may cause you to tell your friends over and over again that you love them.**
- **The consumption of Cabernet Sauvignon may cause you to think you can sing.**
- **The consumption of Cabernet Sauvignon may create the illusion that you are tougher, smarter, faster and better looking than most people.**

**Please feel free to share this important medical information!**

***“LIFE IS A CABERNET OLD CHUM”!***

## Wine Packs



Fortified wine pack order form  
(within Australia only)

Email orders to [admin@corowarotary.org.au](mailto:admin@corowarotary.org.au)

**Name:** \_\_\_\_\_

**Delivery Address:** \_\_\_\_\_

**City Town:** \_\_\_\_\_

**State:** \_\_\_\_\_ **Post Code:** \_\_\_\_\_

**Contact Number:** \_\_\_\_\_

**Special Delivery Instructions:** \_\_\_\_\_

	Price	Qty.	Total
Fortified Wine Pack	\$60.00		
Postage & Handling (Traceable Post Pack)	\$10.00		
Total			

**METHOD OF PAYMENT**

Cheques made payable to Rotary Club of Corowa  
Credit Card Payments, please complete this authority  
Card Type – (circle) VISA, MASTERCARD

**Card number** \_\_\_\_\_ **Exp.** \_\_\_\_ / \_\_\_\_

**Card Holder Name** \_\_\_\_\_

**Card Holders Signature** \_\_\_\_\_

**DECLARATION:** This wine has not been purchased for resale by a licensed person or their representative. I am over 18 years of age.

Signed: \_\_\_\_\_

For further enquiries email: [admin@corowarotary.org.au](mailto:admin@corowarotary.org.au) ;  
Or phone Gail: 0412 442 838