

# Rotary Club of Corowa



83 years of Service

**Bulletin** Issue 83 number 17 20<sup>th</sup> Oct 21



**SERVE TO CHANGE LIVES**

**Program and Roster:**

**Royal Hotel**  
**Wed 27<sup>th</sup> Oct**

**Program**

Assembly

**Chairman**

Deb

**Treasurer**

David P

**Rotary Grace**

Neil

**Loyal Toast**

Gary

**International Toast**

Norm

**Rotary Information**

Jeff N

**Seargents Help**

Meredith

**International Toast :** I'd like to propose a toast to President Gunter Leitzgen and the Rotary Club of Cochem - Zell.

A toast to a Rotary Club in Germany is topical as we dare to recommence planning for student exchange and also as we consider that the only just retired Chancellor Angela Merkel has eclipsed the time in office of six of our recent Prime Ministers!

The Rotary Club of Cochem - Zell meets at the Hotel Restaurant Dehren at Poltersdorf on the Moselle River from 7:30 to 9:00 on a Wednesday evening. Cochem is on one picturesque bend of the Moselle with its fairy tale castle on the hill and 25 km south on another bend lies Zell. Poltersdorf is in between on another bend and opposite the unbelievably quaint village of Beilstein.

The Club has 38 members, and their main projects are supporting a hospital in Ghana, Shelter Box and of course Rotary Youth Exchange as this was how we got to know this club. Sebastian Nicholson from Shepparton was our sponsored outbound student in 2009 while David Talbot that year was our President. Around that time, we had Anders (2009-10) from Denmark and Mathias (2010) from Brazil overlap as inbound students.

In July 2009 I had the privilege of staying in Cochem for several days while on a longer tour cycle from Frankfurt to Vienna. I met up with Sebastian several times for walks about town, at his high school for an open day, and at Poltersdorf for the Rotary Club dinner meeting.

Now the Moselle River Valley, which has its source in the Voges and confluence with the Rhine at Koblenz, is perhaps one of the most beautiful valleys in Germany along which to travel - fabulous on a cycle where you can stop cheekily anywhere along the trail to take photos but terribly frustrating in a vehicle when you can't. In Roman times Cicero described the Moselle as 'an elongated amphitheatre of vineyards. That it is today, and huge white marquees line the valley in August to celebrate the wine festivals.

I give you President Gunter Leitzgen and the Rotary Club of Cochem - Zell.

POSTSCRIPT - The banner which Sebastian presented to us on his return is stored in the shed and displayed on the website. It features the sinuously shaped river, the wine industry and the fairy tale castle. I don't know how much work it would entail but if we could somehow resource these banners on screen perhaps more of us could share our make-up experiences for an international toast.

Graham Brown

**Corowa Race Club Mon 1<sup>st</sup> Nov 11.30 am**

**Race Gate – 4 people**  
**Horse gate – 2 people**  
**BBQ- 4 people**

Volunteers: Neil, Howard, David T,  
Graham B, Mel?, Alan, Rosie, Robyn,  
Margaret, Meredith & Kerrie



## Rotary Information:

Rotary Youth Leadership Awards (RYLA) is an intensive leadership experience organised by Rotary clubs and districts where young people develop their skills as a leader while having fun and making connections.

### What are the benefits?

They connect with leaders in their community and around the world to:

- Build communication and problem solving skills
- Discover strategies for becoming a dynamic leader in their school workplace or community
- Learn from community leaders, inspirational speakers and peer mentors
- Unlock their potential to turn motivation into action
- Have fun and form lasting friendships

### What's involved?

RYLA events are organised locally by Rotary clubs and districts for participant's ages between 18-30. District 9790 offers a week-long programme which includes presentations, activities, and workshops covering a variety of topics.

Held at Malmesbury from Sunday the 3rd of April to Saturday the 9th of April 2022, following the postponement from November 2021.

The cost to the applicant is \$80 cost to the club is \$1,300.

**Do you know a young person in our community who would benefit from this wonderful Rotary youth program?????**



## Rotary Grace:

**Oh Lord, the giver of  
all good,  
We thank you for our  
daily food.**

**May Rotary friends  
and Rotary ways,  
Help us to serve you  
all our days.  
Amen**

.....  
**For Good Food,  
For Good Fellowship  
And the opportunity  
for Serve service in  
Rotary,  
We Give Thanks.  
Amen.**

.....  
**Today we are  
thankful for all  
we've received.  
However we live, we  
firmly believe  
All is a blessing that  
we must pass on  
No matter our status  
or where we have  
gone. Kindness and  
generosity are what  
we impart  
Showing the world  
what's in Rotary's  
heart.**

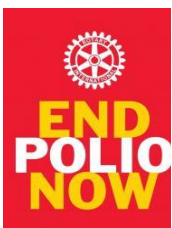
### Rotary 4 way Test:

1: Is it the **TRUTH**?  
2: Is it **FAIR** to all  
concerned?

3: Will it build  
**GOODWILL** and

**BETTER  
FRIENDSHIPS?**

4: Will it be  
**BENEFICIAL** to all  
concerned?



**Rotary has been working to eradicate polio for more than 35 years. Our goal of ridding the world of this disease is closer than ever**

**What is polio?** Polio, or poliomyelitis, is a paralyzing and potentially deadly infectious disease that most commonly affects children under the age of 5. The virus spreads from person to person, typically through contaminated water. It can then attack the nervous system.

**\$3**

Average cost to protect a  
child from Polio

**430 Million**

children in total vaccinated  
in 39 countries in 2017

**\$100 Million**

cost to conduct polio  
surveillance worldwide



**SERVE TO  
CHANGE LIVES**

# HOWARD'S POLIO JOURNEY



**World Polio Day is held annually on October 24th. The colour designated is Orange.**

Australia has been officially declared Polio Free since 2000. With only small numbers still present Worldwide. There has been only 1 case of Wild Polio reported in the last year. Afghanistan and Pakistan are the two places of concern.

I was about 9 years old when the Polio outbreak was rife. An epidemic. In some ways similar to what we are going through today.

My parents were very aware of the need to keep away from anyone and anywhere there were crowds and living on the farm at Brocklesby that was easy to do. No going to the picture theatre or anywhere like that. Although at the time I came down with Polio we were in Melbourne as my father was undergoing medical treatment.

The onset of my problem started with a simple slip on a wet portico at the Guest House we were staying at. As I slipped, I put my hand out to save the fall. Next day I couldn't hold a fork in my left hand. Then I couldn't put my left heel to the ground. I must have had a fever as the Doctor was called. His diagnosis was Tonsillitis and to take it easy for a few days and all will be ok.

I thought this unusual as I didn't have a sore throat which you have with tonsillitis. Soon after we came home, my health and agility or suppleness had not improved. From memory I was tired all the time and must still have had a fever. Doctors weren't able to put a diagnosis on the condition. It was some months later I visited Dr Fairley in Corowa and he said, "I'm going to send you to Melbourne as I think you have had Polio." Polio or Poliomyelitis is a virus that can cause paralysis affecting the muscles and nerves.

In Melbourne, Dr Dame Jean Macnamara examined my condition and admitted me to a Hospital in Hampton for treatment where I spent 3 months. This Hospital was opened in 1940 for Disabled Children. By the way Dr. Dame Jean Macnamara was the Scientist Founder of the virus Myxomatosis. This was used for the eradication of RABBITS.

Rabbits were in plague proportion eating everything in sight affecting the crops, grasses, and land badly and leaving nothing for the stock to eat.

Dr. Dame Jean Macnamara was a Medical Scientist. She was born in Beechworth on April 1, 1899. The family moved to Melbourne in 1907. In 1922 she became a Resident Medical Officer at the Royal Melbourne Hospital and in 1923 she was appointed Resident at the Royal Children's Hospital. She was a Consultant to the Poliomyelitis Committee of Victoria.

There was a Polio Epidemic in 1925 and Dr. Macnamara started testing an Immune Serum to treat patients at the pre paralysis stage. This led to the SALK Vaccine.

Neil and Wendy Davis assisted distribution and immunisation of the Vaccine in Agra India through Rotary.

A small overview of Dame Jean Macnamara: she was only 5foot tall, plump, rather shabbily dressed, quick witted and blunt in manner. Rolled her own cigarettes, which I can remember she was a chain smoker and had a cough.

She was renowned for her Orthopaedic work. Her method was to splint the paralysed part of the body until the damaged nerve had recovered and re-educate the muscles. A remarkable woman in many ways.

She passed away in October 1968 at the age of 69. In the hospital I was put into a splint which was a steel frame for sleeping. Held in with bandages and straps to limit movement. Therefore, nights were spent lying on your back. In hospital along with the frame to sleep in there were plaster casts made for the feet and legs to fit into the frame. Both legs were plastered then when the plaster was taken off the top was cut out so the bottom of the casts fitted into the frame and the legs bandaged in these at night. The same happened for the left hand.

A number of different apparatuses were made and used along the way.

One was an aluminium hand made from castings that spread the hand out completely flat. Others were made to just fit over the thumb to hold it in certain positions. I think a lot was experimental. During the day my leg was put in a Calliper and my arm was fitted with various devices to limit movement and hopefully let the muscles strengthen.

This was coupled with a lot of exercises and therapy. The hospital was also used as a Training Centre for student doctors.

In a large room students would be seated around the walls and we as patients would be paraded to show what disabilities we had and the teachers would discuss treatments being used. There was no privacy at all. Pretty horrendous for a now 10-year-old from the Country.

After I came home appointments in Melbourne were 3 monthly backwards and forwards.

New devices were made as my leg and hand grew and changed shape.

My left hand was fairly useless and distorted.

Eventually I went back to school and have to have a special chair made – no padding.

I lost most of a year's education so had to repeat a year.

After I was able to discard the iron frame for sleeping, I found I had to have a very firm bed to be able to sleep comfortably. Many a night I would get out of bed and sleep on the floor. This still happens today.

After Year 6, I was enrolled at Yanco Agricultural College, but they wouldn't take me with my condition.

Albury Grammar School now Scots was the same. So, I boarded with my grandparents who lived in Albury and attended Albury High School as a day student. Eventually going to Albury Grammar for the last 3 years as a Boarder. I found it fairly difficult as I couldn't participate in much Sport as extra exertion killed, particularly my leg which would ache for days afterwards.

My left arm and hand still show signs of deformity and even now I have difficulty in doing a lot of things, such as picking up a glass or turning a key in a door. Had the diagnoses of Polio been made initially and the virus controlled I may not have had this state of condition.

Overall, I have been lucky when seeing how others were affected. A lot worse than I was.

I found on the farm I had to learn to cope:

To pick up a bag of wheat or bale of hay for example and many other things I would have to put it in my left hand to be able to hang onto whatever it was.

My left leg didn't grow and is shorter than my right one.

All in all, life goes on.

Howard

Reminder to pay your Annual Subs:

**\$240 per person**

These can be paid on line with:

Reference: Subs and your surname

Account Name: Rotary Club of Corowa

BSB: 082 559 - Account No: 692 592 173



## Rotary Club of Corowa:

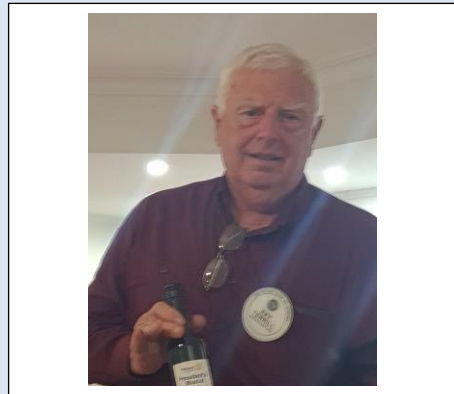
**Website:**

<http://www.corowarotary.org.au>

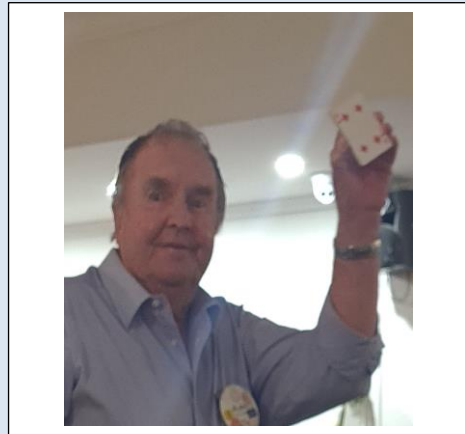
We are also on FACEBOOK!

<https://www.facebook.com/corowarotary/>

Raffle Presidents Muscat: Ray



Cut the cards: Alan



Please remember to notify **Neil Davis** if you **CAN NOT** attend our weekly meetings or if you wish to bring any guests.

**Neil can be contacted by:**

Phone or text on 0400 481 496

Email: [davis98@bigpond.net.au](mailto:davis98@bigpond.net.au)

**Deadline for replies is 11am Wed**

Meeting Date	Wed 3 <sup>rd</sup> Nov	Wed 10 <sup>th</sup> Nov	Wed 17 <sup>th</sup> Nov
Venue	Royal Hotel	Royal Hotel	Royal Hotel
Program	Matt Flaherty	Sally Batten	Deb Telstra
Chairman	Howard	Lis N	David T
Treasurer	Ray	Howard	Lis N
Rotary Grace	David P	Ray	Howard
Loyal Toast	Neil	David P	Ray
International Toast	Gary	Neil	David P
Rotary Information	Norm	Gary	Neil
Sergeants Help	Jeff	Norm	Gary



# Deb's bright side of life

Funny business names



**The Rotary Club Of Corowa meets every WEDNESDAY @ The Royal Hotel: 6.30pm for a 7pm start**

President 2021-2022: Rotarian Deb Rowe

Secretary: Rotarian Margaret Brown

Treasurer: Rotarian Paul Miegel

Vice President: Rotarian Norman O'Flaherty

President Elect 2022-2023: Rotarian Stephen Apps

**P.O. Box 153 Corowa, NSW 2646.**

**Bulletin Editor: Rotarian Kerrie Crawford**  
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