

Rotary Club of Corowa



83 years of Service

Bulletin

Issue 83 number 10 1st Sept 21



SERVE TO CHANGE LIVES

Program and Roster:

ZOOM

Wed 1st Sept

Program

tba

Rotary Grace

Bill B

Loyal Toast

Wally Cann

International Toast

Ian K

Rotary Information

Alan Wilson



DGE David McPherson

Zoom meetings are once again a way of life for us all, this week the number of members increased a little tuning in our meeting which is a positive sign. Although it is not a favourable way to meet at the present time it's a great way to stay in contact with each other and touch base. This week we were delighted to have the DGE David McPherson join us for our meeting. David mentioned that this is the only way we will all be able to catch up with each other for the near future. David informed us that our AG Dave Barrett after three years of service will be stepping down and that our fellow Rotarian Paul Mie gel will be taking on the role of AG in 22/23. David also mentioned that the zone 8 convention is on the 11th -12th Sept and he has encouraged us to register as there will be some amazing speakers including Jennifer Jones who is our first female Rotary International President who will be coming in 22-23 year, which is going to be an amazing year for us secondly we will be hosting the International Rotary Convention in Melbourne and then we will be having the District convention held at Deniliquin themed "Celebrating Rural Resilience". David also mentioned how fantastic it was that our club got involved with the emergency payment to Shepparton to help with meal deliveries impacted by Covid.



Zoom Guest Speaker

Our guest speaker Rosemary Freeman currently the chair of the District 9790 Community Service committee, she is the District 9790 Australian Rotary Health Representative and is on the District 9790 Bushfire Recovery Committee. If this wasn't enough she is the current Secretary of the Rotary Club of Moreland.

Australian Rotary Health is the largest Community service program in Australia and it is supported by most clubs in Australia. Its Vision is to improve the health and well-being of Australians. This is done through education, awareness and knowledge through medical awareness. It began in the 1980's idea of a Mornington Rotarian Colin Scott who happened to hear an interview on the radio about sudden infant death Syndrome. He became so concerned that he went to his club the next week and talked to his club about raising money to help with research to help stop infant deaths. He received the support from his club then surrounding clubs and finally the rest of Australia got on board funds were established in 1981 1st grant was given to Terry Dwyer and he started looking at Infant deaths in Tasmania and with the research he found that the problem was quite unsuspected that the way babies sleeping position was a risk factor for SIDS. Terry Dwyer went on to receive large grants to continue his research and he is now a Professor at Oxford University.



Rotary Health seeks out young up in coming researchers the opportunity that would be very difficult for them to otherwise achieves. There are two sides to rotary health 1 is the research side the other is the other is the education side. On the research side we have general health research into things like cancer, diabetes and cardiovascular disease, the other side is Mental Health Research and that has become the focus of rotary health since the 2000s . On the education side we have rural medical and nursing scholarships that are for third year students.

Australian Rotary Health

2021 - \$2,214,340 allocated to research and programs

2020 - \$3,150,217

\$50 million to research and scholarships since 1980's

Focus since 2000 - mental health research

2012 – Mental health of young Australians

Unfortunately the effects of Covid on the fundraising for Rotary have had an impact on Australia Rotary Health. Australian Rotary Health produces a facts booklet every year and this is made available to all clubs. It is also available on the Rotary Health website where you can down load it. Very good booklet to look at

Of every research project that is currently underway as -well the indigenous health scholars that are currently working through their university course. Our major fundraising activity is "Lift the Lid on Mental Illness". Our district last year contributed more funds to the Lift the lid Program than any other district in Australia. Lift The Lid is launched in mental health week many clubs do hat day, high teas & functions at clubs. It's not only an opportunity to raise funds for research but it's also a great way to awareness in the community and to help de stigmatise mental illness. The effects of Covid on the health and wellbeing in our community. The current statistics are alarming 1 in 5 Australians will experience a mental illness in a 12 month period, half of all mental illnesses will begin before the age of 14, and at least a third of young people will experience a form of mental illness by 25, 14% of children aged 4 to 11 have experienced a mental disorder. Mental illness is a 3rd leading cause of disability in Australia. Finally mental illness is not discriminatory and no one is immune hence these statistics have led to Australian Rotary Health looking at the prevention of mental illness in our young people. We fund research with the goal that we may be able to one day prevent mental health problems such as anxiety and depression from reaching adulthood. The "LIFT THE LID WALK for Mental Health" is just that, a walk, not a race. It offers members of our communities an opportunity to "Lift the Lid" on mental health and in the process, raise much needed funds for mental health research.



Rotary Grace:

**Oh Lord, the giver of all good,
We thank you for our daily food.**

**May Rotary friends and Rotary ways,
Help us to serve you all our days.
Amen**

.....
**For Good Food,
For Good Fellowship
And the opportunity for Serve service in
Rotary,
We Give Thanks.
Amen.**

.....
**Today we are thankful for all we've received.
However we live, we firmly believe
All is a blessing that we must pass on
No matter our status or where we have gone.
Kindness and generosity are what we impart
Showing the world what's in Rotary's heart.**

Rotary 4 way Test:

- 1: Is it the **TRUTH**?
- 2: Is it **FAIR** to all concerned?
- 3: Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
- 4: Will it be **BENEFICIAL** to all concerned?



**SERVE TO
CHANGE LIVES**

Reminder to pay your Annual Subs:

\$240 per person

These can be paid on line with:

Reference: Subs and your surname

Account Name: Rotary Club of Corowa

BSB: 082 559 - Account No: 692 592 173



Rotary Club of Corowa:

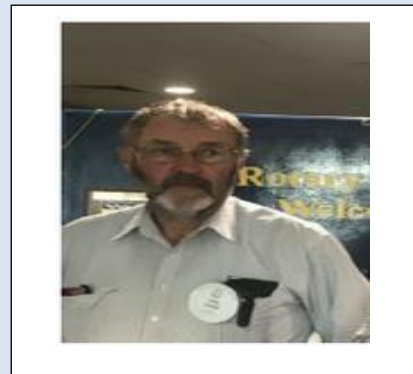
Website:

<http://www.corowarotary.org.au>

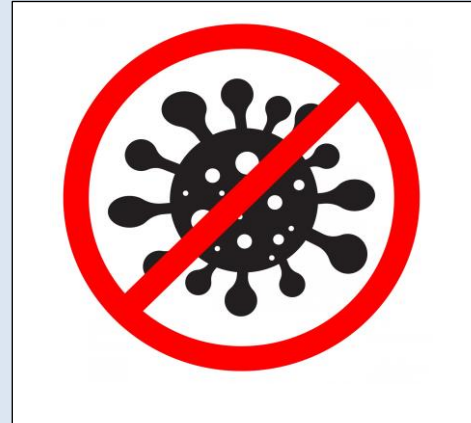
We are also on FACEBOOK!

<https://www.facebook.com/corowarotary/>

Raffle Presidents Muscat: Ian Kerr



Cut the cards:



Please remember to notify **Neil Davis** if you **CAN NOT** attend our weekly meetings or if you wish to bring any guests.

Neil can be contacted by:

Phone or text on 0400 481 496

Email: davis98@bigpond.net.au

Deadline for replies is 11am Wed

Rotary Information

Board meeting Tuesday Night

Robyn has booked the Bowling Club for the Federation Festival Tim Fischer Oration dinner on the Fri 21st Jan

No Rotary Market this weekend due to the current restrictions

Stephen talked about the Pacific Century 100 years New Zealand & New Caledonia in Rotary Down Under was a great read.

David Barrat appeal to our clubs to help food crisis for Shepparton was successful raising \$6000 donated to food link who will distribute to those people affected by the Covid Crisis Restrictions

Deb's bright side of life

Dad, are we pyromaniacs? Yes, we arson.

What do you call a pig with laryngitis? Disgruntled.

Writing my name in cursive is my signature move.

Why do bees stay in their hives during winter? Swarm.

If you're bad at haggling, you'll end up paying the price.

Just so everyone's clear, I'm going to put my glasses on.

A commander walks into a bar and orders everyone around.

I lost my job as a stage designer. I left without making a scene.

Never buy flowers from a monk. Only you can prevent florist friars.

How much did the pirate pay to get his ears pierced? A buccaneer.

I once worked at a cheap pizza shop to get by. I kneaded the dough.

My friends and I have named our band 'Duvet'. It's a cover band.

I lost my girlfriend's audiobook, and now I'll never hear the end of it.

Why is 'dark' spelled with a k and not c? Because you can't see in the dark.

Why is it unwise to share your secrets with a clock? Well, time will tell.

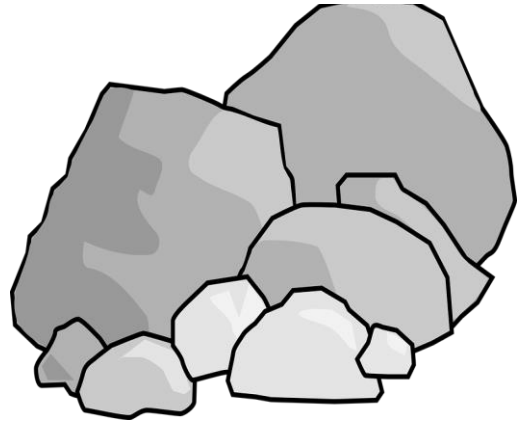
When I told my contractor I didn't want carpeted steps, they gave me a blank stare.

Bono and The Edge walk into a Dublin bar and the bartender says, "Oh no, not U2 again."

Prison is just one word to you, but for some people, it's a whole sentence.

Scientists got together to study the effects of alcohol on a person's walk, and the result was staggering.

DAD, YOU ROCK!



Happy
Father's
Day

The Rotary Club Of Corowa meets every WEDNESDAY @ The Royal Hotel: 6.30pm for a 7pm start

President 2021-2022: Rotarian Deb Rowe

Secretary: Rotarian Margaret Brown

Treasurer: Rotarian Paul Miegel

Vice President: Rotarian Norman O'Flaherty

President Elect 2022-2023: Rotarian Stephen Apps

P.O. Box 153 Corowa, NSW 2646.

Bulletin Editor: Rotarian Kerrie Crawford

crawfordkerrie@y7mail.com – 0439 930 739

Rotary



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