

Rotary Club of Corowa



83 years of Service

Bulletin

Issue 83 number 9 25th Aug 21



SERVE TO CHANGE LIVES

Program and Roster:

ZOOM

Wed 1st Sept

Program

tba

Rotary Grace

Wally C

Loyal Toast

Ian K

International Toast

Alan W

Rotary Information

Stephen Apps

International Toast: Helsinki International Rotary Club (HIRC) District 1420

Helsinki International Rotary Club (HIRC) is the only Rotary Club in the Helsinki region using English as its club language. Our purpose is to serve the local and global communities in furthering peace and promoting charitable activities.

Meeting Venue Mondays 11:30 – 13:00 , Helsingin Suomalainen Klubi, Kansakoulukuja 3, 5th Floor 00100 Helsinki Club Secretary Elke Eckstein (secretary@hirc.fi)

Update with Jasper

It took Jasper a little bit of time to settle in after he came home from Australia due to Germany being in a lockdown. There have been three lockdowns and now Germany is having their 4th wave of Corona Virus. They will not be having a lockdown though as the majority of the German population have been vaccinated. If you are not vaccinated you even need to get a Covid test before you can go to a hairdresser.

During the first wave of Covid Jasper was able to reconnect with his old friends by playing video games online, which was great to be able to do. However it is hard not having the routine of going to school Monday to Friday which gives purpose to your week.

School started up again around 6 months ago and it has been great. Whilst Jasper was away the school have upgraded the computers and now have Wi-Fi which has made learning easier. Everyone wears masks at school majority of the time. Jasper has changed some of his classes and now is studying a sports program that he is really enjoying as well as making a lot of new friends adding to his friend base. Jasper will be celebrating his 18th next month and is looking forward to having his old and new friends together. (may even open the Corowa Whisky for a taste).

Jaspers class went on a holiday together to Munich the weather was fantastic and it was a great way to bring our class together. Jasper has noticed that since his time in Australia he has come home more chilled than he used to be as he thinks his time in Australia taught him this. Jasper is looking forward to traveling when he finishes his school year.

Munich School trip



Rotary Information – Neil Davis Australian Rotary Health (ARH)

Australian Rotary Health is one of the largest independent funders of mental health research within Australia.

Australian Rotary Health was founded by Ian Scott. Ian was a banker. In 1981, while he was a member of the Rotary Club of Mornington, he was moved by the plight of families affected by sudden infant death syndrome (SIDS).

Australian Rotary Health (ARH) has moved on from research into SIDS to being a project of the Rotary Districts of Australia and the Rotary Clubs in those Districts. Australian Rotary Health (ARH) has a broad vision to improve the health and wellbeing of all Australians. It provides funding into a broad range of general health areas; provide scholarships for rural medical and nursing students, as well as Indigenous health students. Australian Rotary Health (ARH) provides funding into areas of health that do not readily attract funding, and promotes those findings to the community.

Australian Rotary Health (ARH) provides funding into four focus areas,

1. Mental Health Research

Since the year 2000, Australian Rotary Health has focused its funding on mental health research. In 2012 this focus narrowed to the Mental Health of Young Australians, and in 2013 research projects focusing on the Prevention of Mental Health Disorders were included.

There are three ways they fund mental health Research.

- 1) Mental Health Research Grants
- 2) Ian Scott Scholarships
- 3) Postdoctoral Fellowships

We come into contact with Mental Health Research by taking part in the "Lift the Lid" program. This is a mental health fundraiser. There is a hat day occurring on the 10th October this year to support "Lift the Lid" which we can support.

2. General Health Research

Australian Rotary Health engages with a variety of funding partners to provide Research Grants and PhD Scholarships. These projects encompass a broad range of general health areas including cancer, heart disease, children's health, motor neuron disease, diabetes and more.

There are two ways they fund general health research.

- 1) Funding Partner PhD Scholarships.
- 2) Research Companion PhD Scholarships

3. Indigenous Health Scholarships

These Scholarships support Indigenous students to undertake tertiary training in nursing physiotherapy, psychology, dentistry and other health related degrees at university. These scholarships help Indigenous students to overcome barriers to tertiary study and qualification.

The Rotary district 9790 "Ride to Conference", which some of the members of the Corowa Rotary club take part in each year supports Australian Rotary health (ARH) and is also currently sponsoring an Indigenous medical student in Darwin through ARH. It is worth noting that the district 9790 "Ride to Conference" was the brain child Graham Brown with the support of his wife Margaret.

4. Rural Medical & Nursing Scholarships

Australian Rotary Health (ARH) provides scholarships for medical and nursing students to undertake placements at a rural and remote health care service. Students experience what these facilities have to offer and provide an incentive for recipients to pursue a career in rural Australia upon graduation

Rotary Grace:

**Oh Lord, the giver of
all good,
We thank you for our
daily food.**

**May Rotary friends
and Rotary ways,
Help us to serve you
all our days.
Amen**

.....
**For Good Food,
For Good Fellowship
And the opportunity
for Serve service in
Rotary,
We Give Thanks.
Amen.**

.....
**Today we are
thankful for all
we've received.
However we live, we
firmly believe
All is a blessing that
we must pass on
No matter our status
or where we have
gone. Kindness and
generosity are what
we impart
Showing the world
what's in Rotary's
heart.**

Rotary 4 way Test:

1: Is it the **TRUTH**?
2: Is it **FAIR** to all
concerned?

3: Will it build
GOODWILL and

**BETTER
FRIENDSHIPS?**

4: Will it be
BENEFICIAL to all
concerned?



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Reminder to pay your Annual Subs:

\$240 per person

These can be paid on line with:

Reference: Subs and your surname

Account Name: Rotary Club of Corowa

BSB: 082 559 - Account No: 692 592 173



Rotary Club of Corowa:

Website:

<http://www.corowarotary.org.au>

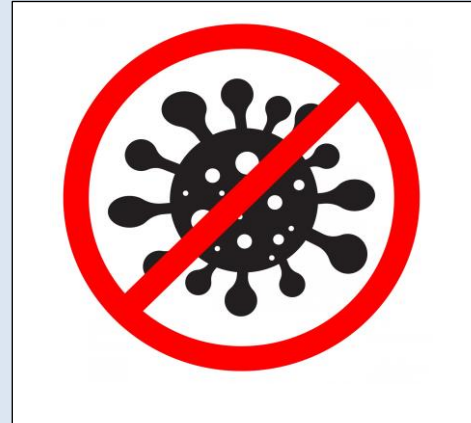
We are also on FACEBOOK!

<https://www.facebook.com/corowarotary/>

Raffle Presidents Muscat: Margaret B



Cut the cards:



Please remember to notify **Neil Davis** if you **CAN NOT** attend our weekly meetings or if you wish to bring any guests.

Neil can be contacted by:

Phone or text on 0400 481 496

Email: davis98@bigpond.net.au

Deadline for replies is 11am Wed

August birthdays

Graham Brown 19/08/1943

Barrie Hunter 24/08/1950

David Potts 27/08/1958



Deb's bright side of life



The Rotary Club Of Corowa meets every WEDNESDAY @ The Royal Hotel: 6.30pm for a 7pm start

President 2021-2022: Rotarian Deb Rowe

Secretary: Rotarian Margaret Brown

Treasurer: Rotarian Paul Miegel

Vice President: Rotarian Norman O'Flaherty

President Elect 2022-2023: Rotarian Stephen Apps

P.O. Box 153 Corowa, NSW 2646.

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