

Rotary Club of Corowa Weekly Bulletin

Vol: 74 Issue: 21
Date 15/11/2012

Guest Speaker: Keryn Alexander

Keryn gave us a great insight into her role as a civil celebrant.

The Celebrant movement started in Australia in 1973, with "fit & proper" person being appointed to the role based on locality. In 2003 there were only 3300 celebrants. Changes to the role now require a tafe qualification and this has led to a significant increase in numbers with over 10,000 in 2011.

The role predominately involves marriages, although other celebrations can include births or naming days, funeral services and renewal of marriage vows.

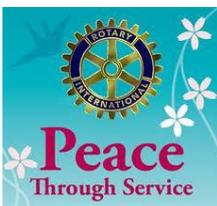


Rotary 4 way Test:

- 1: Is it the TRUTH?
- 2: Is it FAIR to all concerned?
- 3: Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4: Will it be BENEFICIAL to all concerned?

The Rotary Club Of Corowa meets every Thursday at the Corowa RSL Club 6:30pm for a 7:00pm start

President 2012-2013: Rotarian Stephen Apps
Secretary: Rotarian Noreen Miller
Treasurer: Rotarian John Law
Vice President: Rotarian Paul Mowlam
President Elect 2013-14: Rotarian Ian Carrington
P.O. Box 153 Corowa NSW, 2646



Chartered May 17th 1939



Rotary Graces:
 Oh Lord, the giver of all good,
 We thank you for our daily food.
 May Rotary friends and Rotary ways,
 Help us to serve you all our days.
Amen

For good food, for good fellowship, and the opportunity for service in Rotary, we give thanks,
Amen

Attendance

80%....

No Birthdays

Raffle

Oliver

Ian B (Queen Clubs)

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Moustachery

Rotary Info

- Rotary shortbreads available from Noreen or Gail. \$15.50 ea
- This week will be the combined meeting with Rutherglen at Pickled Sisters. Remember to wear your best hat... there will be suitable fines for those without....
- The club has been asked to cater the All Saints Christmas Party
- Katharina (district AS) will be speaking at Yarrawonga next week for those who would like to attend.
- 3 new members to be inducted this week.
- **November has begun.**

The Rotary Club of Corowa November team is registered and we have our own November page.

Click on this link (or paste it directly into the address bar of your browser) to get to our November page:

<http://mobro.co/rccorowa>

On this page you can join our team or donate to our team and see what else is happening with November this year.

The challenge has been set, raise \$5,000 and the Pres. gets it off.....



Date	22/11/2012	29/11/2012	6/12/2012
Program	Joint Meeting Rutherglen @Pickled Sisters	Harry Overend Exchange to Austria	AGM
Chairman	David P.	Oliver R.	Stephen A.
Treasurer	Gary P.	David P.	Oliver R.
Grace	Craig O.	Gary P.	David P.
Loyal Toast	Ian B.	Craig O.	Gary P.
Int Toast	Paul M.	Ian B.	Craig O.
Rotary Info	Noreen M.	Paul M.	Ian B.
S'gnts Help	Narelle M.	Noreen M.	Paul M.

This is from newshound Dave Barry's colonoscopy journal:

I called my friend Andy Sable, a gastroenterologist, to make an appointment for a colonoscopy. A few days later, in his office, Andy showed me a colour diagram of the colon, a lengthy organ that appears to go all over the place, at one point passing briefly through Minneapolis. Then Andy explained the colonoscopy procedure to me in a thorough, reassuring and patient manner. I nodded thoughtfully, but I didn't really hear anything he said, because my brain was shrieking, quote, 'HE'S GOING TO STICK A TUBE 17,000 FEET UP YOUR BEHIND!'

I left Andy's office with some written instructions, and a prescription for a product called 'MoviPrep,' which comes in a box large enough to hold a microwave oven. I will discuss MoviPrep in detail later; for now suffice it to say that we must never allow it to fall into the hands of America's enemies.

I spent the next several days productively sitting around being nervous. Then, on the day before my colonoscopy, I began my preparation. In accordance with my instructions, I didn't eat any solid food that day; all I had was chicken broth, which is basically water, only with less flavour. Then, in the evening, I took the MoviPrep. You mix two packets of powder together in a one-litre plastic jug, then you fill it with lukewarm water. (For those unfamiliar with the metric system, a litre is about 32 gallons.) Then you have to drink the whole jug. This takes about an hour, because MoviPrep tastes - and here I am being kind - like a mixture of goat spit and urinal cleanser, with just a hint of lemon.

The instructions for MoviPrep, clearly written by somebody with a great sense of humour, state that after you drink it, 'a loose, watery bowel movement may result.' This is kind of like saying that after you jump off your roof, you may experience contact with the ground.

MoviPrep is a nuclear laxative. I don't want to be too graphic, here, but: Have you ever seen a space-shuttle launch? This is pretty much the MoviPrep experience, with you as the shuttle. There are times when you wish the commode had a seat belt. You spend several hours pretty much confined to the bathroom, spurting violently. You eliminate everything. And then, when you figure you must be totally empty, you have to drink another litre of MoviPrep, at which point, as far as I can tell, your bowels travel into the future and start eliminating food that you have not even eaten yet.

After an action-packed evening, I finally got to sleep. The next morning my wife drove me to the clinic. I was very nervous. Not only was I worried about the procedure, but I had been experiencing occasional return bouts of MoviPrep spurtage. I was thinking, 'What if I spurt on Andy?' How do you apologize to a friend for something like that? Flowers would not be enough.

At the clinic I had to sign many forms acknowledging that I understood and totally agreed with whatever the heck the forms said. Then they led me to a room full of other colonoscopy people, where I went inside a little curtained space and took off my clothes and put on one of those hospital garments designed by sadist perverts, the kind that, when you put it on, makes you feel even more naked than when you are actually naked.

Then a nurse named Eddie put a little needle in a vein in my left hand. Ordinarily I would have fainted, but Eddie was very good, and I was already lying down. Eddie also told me that some people put vodka in their MoviPrep. At first I was ticked off that I hadn't thought of this is, but then I pondered what would happen if you got yourself too tipsy to make it to the bathroom, so you were staggering around in full Fire Hose Mode. You would have no choice but to burn your house.

When everything was ready, Eddie wheeled me into the procedure room, where Andy was waiting with a nurse and an anaesthesiologist. I did not see the 17,000-foot tube, but I knew Andy had it hidden around there somewhere. I was seriously nervous at this point. Andy had me roll over on my left side, and the anaesthesiologist began hooking something up to the needle in my hand. There was music playing in the room, and I realized that the song was 'Dancing Queen' by ABBA. I remarked to Andy that, of all the songs that could be playing during this particular procedure, 'Dancing Queen' had to be the least appropriate.

'You want me to turn it up?' said Andy, from somewhere behind me. 'Ha ha,' I said. And then it was time, the moment I had been dreading for more than a decade. If you are squeamish, prepare yourself, because I am going to tell you, in explicit detail, exactly what it was like.

I have no idea. Really. I slept through it. One moment, ABBA was yelling 'Dancing Queen, feel the beat of the tambourine,' and the next moment, I was back in the other room, waking up in a very mellow mood. Andy was looking down at me and asking me how I felt. I felt excellent. I felt even more excellent when Andy told me that it was all over, and that my colon had passed with flying colours. I have never been prouder of an internal organ.

ABOUT THE WRITER

Dave Barry is a Pulitzer Prize-winning humour columnist for the Miami Herald.

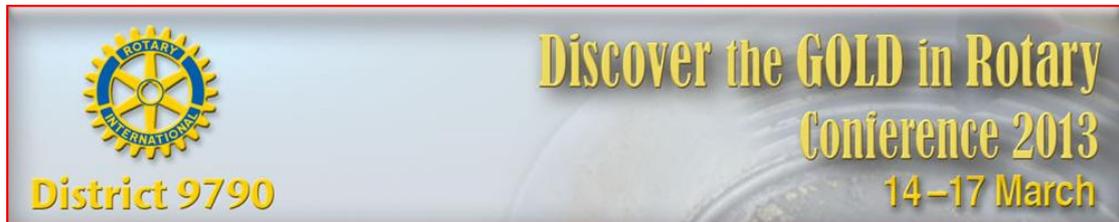
On the subject of Colonoscopies...

Colonoscopies are no joke, but these comments during the exam were quite humorous..... A physician claimed that the following are actual comments made by his patients (predominately male) while he was performing their colonoscopies:

1. 'Take it easy, Doc. You're boldly going where no man has gone before!'
2. 'Find Amelia Earhart yet?'
3. 'Can you hear me NOW?'
4. 'Are we there yet? Are we there yet? Are we there yet?'
5. 'You know, in Arkansas, we're now legally married.'
6. 'Any sign of the trapped miners, Chief?'
7. 'You put your left hand in; you take your left hand out...'
8. 'Hey! Now I know how a Muppet feels!'
9. 'If your hand doesn't fit, you must quit!'
10. 'Hey Doc, let me know if you find my dignity.'
11. 'You used to be an executive at Enron, didn't you?'
12. 'God, now I know why I am not gay.'

And the best one of all:

13. 'Could you write a note for my wife saying that my head is not up there?'



<http://www.rotary9790.org.au/clubs/dtok/diamondcreek/TRANSFER/Conference2013/index.asp>



The Rotary Club of Corowa

On To Conference 2012/2013



Let's pull together and support President Stephen and have a good contingent of Corowa Rotarians and partners go to Conference this year!!

Venue – Ballarat – Wendouree Centre for Performing Arts

Theme – Discover the Gold in Rotary!

Dates – 14th to 17th March 2013 (or any combination thereof)

Details – pp34 to 36, D9790 Information Directory with lift out Conference Booking form

Your 'On to Conference' convenors have been busy and have sussed out a suitable motel in the CBD.

MidCity Motel, 19 Doveton Street, North Ballarat

View on line at www.midcity.biz

Contact at 03 5327 7588 or reception@midcity.biz

Costs \$150 double, \$155 twin, \$165 family

Discount – over 50's, RACV/NRMA membership – 10%

Deposit - \$50 per room per night



Envisaged is that most delegates will book for the Friday / Saturday nights. 'Ride to conference' Delegates will be there on the Thursday and may register for the Sportsman's Dinner. A Club Fellowship Dinner will be arranged for the Friday evening at the 'MidCity Bar and Grill'. Members can car pool to the Conference Centre. Some partners may wish to check out the CBD shops and cafes and car pool to Wendouree at their leisure.

Your 'On to Conference' convenors will be asking of you the question in the next few weeks. We would like a YES, HOPEFULLY or SORRY response please!?!?

Let's act now, be intentional, support our President and aim to restore our 'On to Conference' Culture of yesteryear. Remember BRISBANE in June 2003 when 2/3 of the Club attended!!



Your 'On to Conference' Convenors

Chris Erickson and Graham Brown





“END POLIO NOW”

Pins are coming

\$3 ea